

CHEN STYLE WORKSHOP  
HELSINKI 2011



CHEN ZHONGHUA  
HELSINKI WORKSHOP 26.3.—29.3.2011

# Chen style taijiquan workshop

26.3.—29.3.2011 Helsinki, Finland.

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*Chen Zhonghua*, a disciple of two great Chen style Taijiquan grandmasters Hong Jusheng and Feng Zhiqiang, will be conducting his second Chen style workshop in Finland, Helsinki on March 26—29.3.2011. Master Chen has a unique understanding of the rich contents of the forms, internal energy, theory, and application of Taijiquan. He is also well known for his clear teaching style.

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The Helsinki workshop will concentrate on taiji foundations, yilu and pushhands fundamentals.

**Workshop schedule 26-29.3.2011**

Daily practise time will be  
10:00—13:00 and 17:00—20:00

**Location**

Meri-Helsingin musiikkiopisto, Mariankatu 7, 00170 Helsinki

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Pricing  
Whole workshop 280€  
Only days or evenings 200€  
One day 100 €

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For more information and registration  
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