



Chen style taijiquan workshop 13.4.—15.4.2010, Helsinki

Chen Zhonghua, a disciple of Chen style Taijiquan grandmasters Hong Junsheng and Feng Zhiqiang, will be conducting his first ever workshop in Finland. With more than 20 years of practice, Mr. Chen has a unique understanding of the rich contents of the forms, internal energy, theory, and application of Taijiquan.



The Helsinki workshop will concentrate on Taiji foundations and Push hands fundamentals. Also, personal evaluation and suggestions will be given by Mr. Chen.

DAILY SCHEDULE 13.4 - 15.4.2010

Time	Event	Place
10:00 - 13:00	Taiji foundations and push hands fundamentals, personal evaluation	Meri-Helsingin musiikkiopisto
17:00 - 20:00	Taiji foundations and push hands fundamentals, personal evaluation	Meri-Helsingin musiikkiopisto



Meri-Helsingin musiikkiopisto,
Mariankatu 7, 00170 Helsinki

Pricing

		Price
Whole workshop	10:00-13:00 and 17:00-20:00	220 €
Only days or evenings	10:00-13:00 or 17:00-20:00	150 €
One day	10:00-13:00 and 17:00-20:00	100 €

10 € discount for Neigong ry. members

For more information and registration info@neigong.org

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www.neigong.org